**FALL RETREAT AT BAY CLIFF**

The SLFP Annual Fall Retreat was a toe tapping, bull wrangling, lasso twirling good time, thanks to this year’s western theme. Fuchsia and Mint Blocks mingled during meals, games, and workshops.

**FELLOWSHIP AND FUN?**
The Philosophy of “Big Jon”

First off, I would like to thank all of you Student Fellows for the warm welcome at our 2006 Fall Retreat! What a blast! I had such a wonderful time with all of you and am looking forward to building even stronger relationships with each and every one of you. Being a part of the Student Leader Fellowship Program is an honor for all of us. I want to be sure that we all know that we are in this together.

Sincerely, I plan to do everything I can to make the Fuchsia and Mint chapters in the SLFP story as exciting and memorable as possible. As members of our elite team of student leaders, I expect you too will do your part and make yours a worthy verse in the chapter of your block.

We live in a tremendously special community here in Marquette. The SLFP not only adds to the quality of our community, it also relies on our community to provide Mentors, CSI sites, and other opportunities for leadership involvement. Because our community is so extraordinary, our wonderful SLFP can exist and has potential to grow. You may or may not realize it now, but the leadership activities each of you engage in are important parts of maintaining and enhancing this highly supportive community we live in. Without a doubt, one person can make a difference, and they do every day.

At the same time you are enhancing our community; you are also building your character and shaping your future. The more we practice giving selflessly, the stronger it becomes in our toolbox of habits. Ethics are a key component of how we define leadership in the SLFP, so I encourage you to never let ethics slip away as you conduct your lives inside and outside of your SLFP activities. In the eyes of the world, a major part of who you are is what you do and how you do it.

Winter will be here shortly so these are the times to really grow the warmth in our hearts; we will surely need it to get us through the cold months upon us. As a final, personal note, surrounding my family with warm hearts like yours is perhaps the single largest part of my decision to come back to Marquette to pursue my career. Let us all keep the tradition alive and thriving!

Jon’s Jokes:

Renee Descartes walks into a bar. The bartender says, “Sir, can I get you a martini?” Descartes says, “I don’t think...” and he disappears.

All I ask is the chance to prove that money cannot make me happy.

A neutron walks into a bar; he asks the bartender, “How much for a beer?” The bartender looks at him, and says, “For you, no charge.”

Jon’s Cookbook:

1 whole orange
1 container of whole cloves
1 gallon of apple cider
Pinches of cinnamon and nutmeg if desired

Take the orange and stick the pokey side of the cloves into the skin of the orange about 1-2 cm apart until the entire orange is covered in cloves (looks like a ball of spikes). Put the gallon of cider and the spiked orange in a large pot and simmer on the stove. Add pinches of cinnamon and nutmeg if desired. Start simmering one hour before a fall party to make house smell wonderful for your guests. Is also great served with Bacardi Spice or Captain Morgan for those over 21 years of age.

Brooke’s Blurb

Chris Chase
21 Years Old/Mint Block
Major: Biology with physiology
Hometown: Marquette
Favorite Thing about Marquette: It’s two minutes away from being in the middle of nowhere.
Favorite Childhood TV Show: Family Matters

Josh Maatman
20 Years Old/Fuchsia Block
Major: Entertainment & Sports Promotion
Hometown: Holland, MI
Favorite Thing about Marquette: NMU Hockey
Favorite Childhood TV Show: Dawson’s Creek....haha...jk...it’s really ESPN’s “SportsCenter”

~Compiled by Brooke Gregersen
Rebecca “Becky” Dufek has come a long way since her graduation from the Red Blocks, the first group of the SLFP. Her letter to us is one of triumph over obstacles and the power of the human spirit to push forward. Instead of summarizing her letter, I decided to include the full and unedited version for the sheer impact of her words.

Hello friends!
As many of you know, the past two years have been a bumpy ride for me due to the effects of Neurofibromatosis Type II. There were some days where getting out of bed made me sick, and I had to use an office chair with wheels to make it from the bedroom to the bathroom. Fortunately, I have learned to overcome obstacles, face my challenges and adapt to adversity. As a result, I have been training since June to walk and complete a full 26.2 mile marathon as a member of the Leukemia and Lymphoma Society’s Team in Training program. My reasons for committing to the marathon and the Leukemia and Lymphoma Society are many. First, I would like to honor the memory of my grandfather, Clarence De Grand, who just passed away on August 11, 2006 from Multiple Myeloma. Second, I feel compelled to use the gift I have been given (an ability to still walk) in a positive endeavor. Third, I survived Hodgkin’s Lymphoma at the age of 21, and my second chance at life would not have been possible without the advancement in treating blood cancers due to programs like these. I have lived a good life and I feel that every child, friend, parent or grandparent with leukemia or another blood cancer deserves that same dream and chance at life that I was granted. I cannot begin to tell you the adventures, dreams, memories, and opportunities that have been fulfilled because I am alive. This event will be one of the most important and meaningful in my life. Not only am I a survivor of a blood cancer and currently living with brain tumors, but the walk will be very challenging due to my degraded balance and impaired vision. I do this for you. It is my way of saying, “Hey, get out there and pursue your dreams and passions! Always remember to help. There is still time!”

I am the only deaf person involved in the Team in Training for the Seattle Marathon, the only person with NF2 doing the marathon, and the only person in the world to have lived through both Hodgkin’s Lymphoma and NF2. But my goal is not to go down in history. My goal is to simply help the Leukemia and Lymphoma Society to attain its mission in providing better treatments, support, and a cure for patients of blood cancers and their families. If I have given you even the tiniest spark of inspiration or shared with you the joys of life, please show your faith in me by helping me in my quest. I have committed to raising $2,000 to help advance medical technology in treating blood cancers.


~Yuriy Drubinskiy

Janet’s Jubilee
Jeremy Wright and Emily Barron are engaged and will be getting married on June 16, 2007!

Yuriy’s Yapping
How do you learn if not from others? How do you grow if not with others? I remember hearing a quote that went something like this: the tallest tree starts out as a small sapling. Under the right conditions that sapling will lay its roots and grow and prosper. That’s kind of like us, eh? We sit in class looking at the time going by: looking at the leaves fall, the snow coming down then melting as spring sets in. Then we are a year older, a year wiser, perhaps. We look back and wonder and sometimes the “should haves” set in. Things we should have done, people we should have gotten to know better, places we should of gone. Of course, we also look back and smile and reminisce with old friends. All the haves come flowing back and you remember this time and that. In the words of Henry David Thoreau, “I have learned that if one advances confidently in the direction of his dreams, and endeavors to live the life he has imagined, he will meet with a success unexpected in common hours.” Rock on.
What were you for Halloween?

"I was Pocahontas...I made my costume out of material, leather string, and glue. My boyfriend was John Smith so we were pretty excited!"
~Dana Toenjes
Mint Block

"My fiancé, some friends of mine [and I] recreated the Wizard of Oz. I was the tin man, and Amanda (Mint Block) was Dorothy."
~Kevin Wieser
Fuchsia Block

"I was a pirate...my mom made it...[it's] a red costume with a skirt, hooker boots, and a hat with a red feather."
~Angela Neumann
Mint Block

"I was myself; it's scary enough!"
~Anne Swanson
Mint Block

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SLFP Birthdays

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<td>2</td>
<td>Kerensa Bauman</td>
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<td>Mallory Mahoney</td>
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<td>Natasha Garcia</td>
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<td>Alex Marshall</td>
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CALENDAR

Monday, November 13
- Selection Committee Meeting, 5:30 p.m., Conference Room B, UC
- Workshop: Icebreakers and Teambuilders, 6 p.m., The Back Room, UC

Tuesday, November 14
- Workshop: What's The Right Thing?, 3 p.m., The Back Room, UC
- Superior Edge Orientation, 5 p.m., The Back Room, UC
- Fuchsia Fellowship Meeting, 9 p.m., Charcoal Room, UC

Wednesday, November 15
- Workshop: How to Run Effective Meetings, 4 p.m., The Back Room, UC

Thursday, November 16
- Fuchsia Fellowship Meeting, 4 p.m., Charcoal Room, UC

Friday, November 17
- Workshop: Meditation Yoga, 3 p.m., Michigan Room, UC

Monday, November 20
- Superior Edge Orientation, 3 p.m., The Back Room, UC
- Workshop: Wrong Side of The Tracks, (Rescheduled from November 6), 4:30 p.m., The Back Room, UC

Wednesday, November 22
- Thanksgiving Recess begins, 8 a.m.

Friday, December 8
- SLFP Holiday Party, 4 p.m., Presque Isle Pavilion

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Student Leader Fellowship Program
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